

# WALK FOR A LIFE



World Suicide  
Prevention Day  
2023

Sat 9th Sep

Walk start time: 10.30am



Castle House, The Museum of Somerset, Taunton Castle, Taunton, Somerset  
TA1 4AA - Following a wheelchair/pushchair friendly loop through Taunton.



Tea, coffee & cake: 12pm - 1.30pm



Rejoin us at **Castle House** after the walk to enjoy refreshments & chat to local support services.

Join us to remember those we have lost to suicide, raise awareness, and encourage and empower people in Somerset to take action to prevent suicide.

#WorldSuicidePreventionDay #Walkforalife #WSPD23 #CreatingHopeThroughAction

For more information, visit: [www.walkforalife.org.uk](http://www.walkforalife.org.uk)

